

**TITLE AND NUMBER:** 255 Look to the Son...and have eternal life!

**REFERENCE AND KEY VERSES:** John 6:35-40



Then Jesus declared, 'I am the bread of life. Whoever comes to me will never go hungry, and whoever believes in me will never be thirsty. But as I told you, you have seen me and still you do not believe. All those the Father gives me will come to me, and whoever comes to me I will never drive away. For I have come down from heaven not to do my will but to do the will of him who sent me. And this is the will of him who sent me, that I shall lose none of all those he has given me, but raise them up at the last day. For my Father's will is that everyone who looks to the Son and believes in him shall have eternal life, and I will raise them up at the last day.'

**LOOKING FURTHER:** Romans 5:1-2, Colossians 2:6-7, John 17:8, Philippians 4:12-14

**What does the Bible passage tell us?**

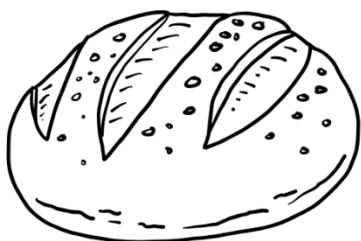
In most countries in the world, bread is considered a staple part of the diet. It is one of the basic foods that everyone enjoys and is incredibly versatile. They say baked beans on toast is one of the best, most nourishing meals if money is very tight. Jesus is comparing himself to this food, but from a spiritual point of view. It is a building block of our faith to keep ourselves nourished with the Word of God. We need to learn about Jesus from the Bible—to understand how to follow Him, and to do our best to live in a way that pleases Him. We should trust and never stop believing that it is only through Him that we can come to God and be accepted.

This was the whole point of Christ coming into the world. He could have stayed comfortably in Heaven and watched all of us being consumed by sin and evil, knowing that the offerings we could bring to God would never be enough to cleanse us and change our hearts. In His mercy, God did not allow this. He sent Jesus to do 'the will of Him who sent me.' To pay the penalty for our sins and make a new way, so we could stand before God—invited, saved, made clean, welcomed... FOREVER. If it is possible for something to be more than a promise, this is it—an absolute certainty! God made it possible; God will see it through. All we have to do is believe that Jesus came to die for us and will come again to claim us—it is that simple! People make it complicated with questions and confusion. God made it simple. Let's accept it gratefully!

**Reflection**

- Read the text in Colossians 2 above and make it your memory verse for this week. It does us good to have some things that we can recite so we can encourage ourselves and others.
- If you feel that you are not 'abounding in faith' as Colossians suggests we should be, why not discuss that with your Chaplain and see what you can do to change it? As Paul the writer of Philippians said, it can be helpful to learn the secret to contentment (Philippians 4:12-14), and to support others who are struggling.

Write or draw something you read in this Bible Study that stood out to you.



Do you have any questions about this week's Bible Study?



How does this week's message apply to your life?



What can we learn about God from this week's passage?



What would you like to ask God this week?



Has God responded to your prayers this week in the way you had hoped for?  
It's okay to talk to God about this.

