

**TITLE AND NUMBER:** 121. Be victorious when you face temptations!



**REFERENCE AND KEY VERSE(S):** Genesis 3:1-7

Now the snake was more crafty than any of the wild animals the Lord God had made. He said to the woman, 'Did God really say, "You must not eat from any tree in the garden?"' The woman said to the snake, 'We may eat fruit from the trees in the garden, but God did say, "You must not eat fruit from the tree that is in the middle of the garden, and you must not touch it, or you will die.'" 'You will not certainly die,' the snake said to the woman. 'For God knows that when you eat from it your eyes will be opened, and you will be like God, knowing good and evil.'

**LOOKING FURTHER:** James 4:7; Matthew 6:9-13; 1 Corinthians 10:13; Romans 8:26-27

### What does this Bible passage tell us?

See how sneaky the devil can be! He takes something that God has said and questions it. He suggests it is not true, then encourages us to think that there is another option. And, before you know where you are, you are doing something you know is not right.

God's instructions are always in our best interests. However, Satan's plan is always to spoil that. He loves to get us into trouble, and for us to be in conflict with God.

When we listen to the wrong people, follow bad advice and do wrong things, whose fault is it? Is it their fault for planting the idea or our fault for carrying it out? A good friend often says, 'We can't stop birds flying over our heads, but we don't have to let them nest in our hair.' Temptations can flit through our minds. But we have a choice whether we dwell on them or not. So, the answer is to shoo away the birds (or temptations) at the first sign of them, so they do not settle.

Let's decide today that as we travel through 2023, we will be more aware of temptations around us. We must be sure to ask God for strength to resist and live a better life as He would want us to do. He is always ready to help!

### Reflections:

- We often face temptations that seem tailor-made for us. They show up our weak spots. What things might be temptations for you?
- If you have made a list of temptations, why not also make a list of scriptures or prayers that you can use to encourage yourself when these temptations crop up. If we are prepared, we are less likely to give in.
- Romans 8 says the Holy Spirit is always praying for us in our weakness. Prayer and praise are good tools for us to use to overcome challenges. Write the words of your favourite songs, too.

Write or draw something you read in this Bible Study that stood out to you.



Do you have any questions about this week's Bible Study?



How does this week's message apply to your life?



What can we learn about God from this week's passage?



What would you like to ask God this week?



Has God responded to your prayers this week in the way you had hoped for? It's okay to talk to God about this.

