

TITLE AND NUMBER: 24. Peace be with you



REFERENCE AND KEY VERSE(S): Luke 24:36-48

While they were still talking about this, Jesus himself stood among them and said to them, "Peace be with you." They were startled and frightened, thinking they saw a ghost. He said to them, "Why are you troubled, and why do doubts rise in your minds? Look at my hands and my feet. It is I myself! Touch me and see; a ghost does not have flesh and bones, as you see I have." (v.36 and 39)

LOOKING FURTHER: Matthew 28:20; John 14:23.

What does this Bible passage tell us?

Have you ever been in a situation where you felt totally out of control? When your life just seemed to turn upside down, and you could not do a thing about it? I imagine most of us have felt like that at some point, especially during this pandemic.

I think that's how the disciples must have felt, too. They had been following this amazing man who could heal the sick, tell fantastic stories about how to live and who was special and sent from God. And now it looked as if everything was over. They had seen Him crucified. Then in came two friends saying they had actually seen Jesus and spoken to Him. They were scared and confused!

And then, all of a sudden, there was Jesus Himself, saying, "Peace be with you." Peace was something they certainly needed. He told them to look at Him carefully and asked for something to eat, which proved He was not a ghost.

Sometimes we think Jesus can only be with us in 'special' moments, or when we 'feel spiritual', but in fact, Jesus is with us every day, at every point. However confused or troubled, scared or helpless we feel, He is there. We just have to keep remembering that fact. Our life may still be upside down but we aren't alone. Jesus promised to be with us always. And He has a way of working things out!

Reflections:

- If you have been in a situation where your life turned upside down, how did you feel?
- Who or what helped you through? How did they help?
- Think of a tough time you've had, or one ahead: How does it feel to know that Jesus is with you in that tough time?
- Sometimes Jesus shows us how to help someone else. How might you be able to help someone this week?

Write or draw something you read in this Bible Study that stood out to you.



PEACE BE WITH YOU

Do you have any questions about this week's Bible Study?



How does this week's message apply to your life?



What can we learn about God from this week's passage?



What would you like to ask God this week?



Has God responded to your prayers this week in the way you had hoped for? It's okay to talk to God about this.

