

TITLE AND NUMBER: 14. God's strength working in us

REFERENCE AND KEY VERSE(S): Isaiah 40:28-31

but those who hope in the Lord
will renew their strength.

They will soar on wings like eagles;
they will run and not grow weary,
they will walk and not be faint. (v31)



LOOKING FURTHER: 2 Corinthians 12:9-10, Ephesians 2.6, Hebrews 2:1, Colossians 2:6

What does this Bible passage tell us?

This passage is from the book of Isaiah which is written by the prophet of that name. He spoke to Israel during a turbulent period of their history, when the Assyrian Empire was threatening the nation. In the first part of the book, Isaiah brings words of judgement, calling the people to turn from their sinful ways and return to God. Then Isaiah brings a message of forgiveness, comfort and hope for those who repent and put their trust in God.

Two questions are asked: Have you not known? Have you not heard? It seems those hearing this message believe in God but not in His power. Isaiah then reminds them that God is everlasting, the Creator and one who never grows tired or weary. His understanding is beyond our comprehension. A mighty, eternal, untiring, wise God! When we feel weary and worn down by the cares of this world, or we are facing challenges, God gives us strength. We can bring these things to Him in prayer, knowing that He shares His strength with us.

God promises us that we will soar on wings like eagles, surrounded by His presence, whatever our circumstances. We can then run the race God has for us, without being wearied by what the world throws at us, and not give up as we walk daily with God.



Reflections:

- How much do you believe that God is almighty?
- What does it mean that God is willing and able to help us in all the challenges that life brings?
- How easy do we find it to wait on God, listen out for His voice of guidance and allow Him to sort out a situation or a troubled relationship?
- Ask God to show you areas in your life where you need His help. Put down the burden and allow God to take it.

Write or draw something you read in this Bible Study that stood out to you.



Do you have any questions about this week's Bible Study?



How does this week's message apply to your life?



What can we learn about God from this week's passage?



What would you like to ask God this week?



Has God responded to your prayers this week in the way you had hoped for? It's okay to talk to God about this.

